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# Role of Sex, Socioeconomic Status, and Emotional Support in Predicting Aging Perception Among Older Adults

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## Abstract

Self-perception is found to be a central predictive factor in experiencing successful aging. The aim of this study was to explore the role of sex, socioeconomic status, and emotional support in elders' aging perception. A cross-sectional design was used with 300 older aged participants recruited from 23 clinics and health centers in Qazvin, Iran. Data were collected questions to elicit demographic information and Barker's aging perception questionnaire. Exploratory multiple linear regression showed that the level of emotional support ( $\beta$ :  $-12.10$ ; 95% CI:  $[-20.72, -3.48]$ ), socioeconomic status ( $\beta$ :  $2.84$ ; 95% CI:  $[0.25, 5.43]$ ), and women ( $\beta$ :  $-4.34$ ; 95% CI:  $[-6.91, -1.77]$ ) was associated with aging perception among elders. Educational

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